淡江時報 第 980 期

**全民英檢秘笈**

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一、實用字彙
  
1.無糖 unsweetened 或 sugar-free
  
2.豆漿 bean milk
  
3.淡而無味 bland
  
4.糖尿病 diabetes
  
5.飲食控制 diet control
  
6.節食 be on a diet
  
7.油膩的 greasy
  
8.鹹的 salty
  
9.味精 MSG
  
10.蔥 scallion 或 green onion
  
11.薑 ginger
  
12.蒜 garlic
  
13.芫荽coriander
  
二、請填入英文，訂正後朗讀三遍
  
1.我喜歡喝不加糖的飲料
  
 I prefer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ drinks.
  
2.不加糖的豆漿和無糖紅茶多沒味道!
  
 \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_ or black tea are \_\_\_\_\_\_\_!
  
3.越來越多的年輕人得糖尿病
  
 More and more young people got \_\_\_\_\_\_\_!
  
4.飲食控制是必要的!
  
 \_\_\_\_\_\_\_ controls are necessary!
  
5.許多菜都太油太鹹
  
 Lots of foods are too \_\_\_\_\_\_ and too \_\_\_\_\_.
  
6.我比較喜歡清淡的菜，也不喜歡菜裡加味精
  
 I \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ foods, and I don't
  
 eat \_\_\_\_\_\_ either.
  
7.蔥、薑、蒜、芫荽給菜加味
  
 \_\_\_\_ \_\_\_\_\_, \_\_\_\_\_\_ and\_\_\_\_\_ add \_\_\_\_\_ to
  
 dishes.
  
三、答案
  
1.unsweetened
  
2.Unsweetened ;bean milk ;bland
  
3.diabetes
  
4.Diet
  
5.greasy ;salty
  
6.prefer ;light ;MSG
  
7.Scallion; ginger ;garlic; coriander; flavors