

輕鬆學英文 English is easy! 郭岱宗 (英文系副教授)

書香聊天室

一. 重要字彙

1. look into oneself 透視自己

2. look into a mirror 照鏡子

例: Girls love to look into the mirror.

3. environment 環境

4. How often? 多久一次?

5. slow down (v.) 放慢

例: Please slow down! 請慢一點!

6. dejected (adj.) 萎靡的

7. cheer up! 振作起來

8. lose temper 發脾氣

9. tough patch 艱難之路

10. tough (adj.) 堅強的、艱難的

例: She is tough! 她很堅強(或她很難伺候)

This is tough! 這難度很高!

二. 請填入英文, 訂正之後朗讀三遍

1. 和自己面對面

\_\_\_ into \_\_\_.

2. 每個人都用鏡子, 確保自己看起來還不錯

Everyone \_\_\_ a \_\_\_ to \_\_\_ \_\_\_ that he or she \_\_\_ good.

3. 我們會定期整理房子, 住的才舒服

We \_\_\_ clean our \_\_\_ so that we can live in a good \_\_\_.

4. 我們多久會審視自己的心靈?

\_\_\_ \_\_\_do we \_\_\_ \_\_\_ our \_\_\_?

5. 我們生活的節奏太快了呀! 放慢一點吧!

Are you living an \_\_\_ fast life? \_\_\_ it \_\_\_!

6. 我們的生活時常委靡不振阿? 振作起來吧!

Are you often \_\_\_ ? \_\_\_ !

7. 我們的心太容易受傷嗎？堅強起來吧！

Are you \_\_\_ ? Be \_\_\_ !

8. 我們常易怒難平嗎？瀟灑一點吧！

\_\_\_ you often \_\_\_ your \_\_\_ ? Stay \_\_\_ ?

9. 你還處境艱難嗎？勇敢一點吧！

Are you \_\_\_ a \_\_\_ ? Be \_\_\_ .

### 三. 答案

1. Look , ourselves

2. uses , mirror , make sure , looks

3. regularly , homes , environment

4. How often , look into , soul

5. unhealthily , Slow , down

6. dejected , Cheer up

7. easily , hurt , strong

8. Do , lose , temper , cool

9. going through , rough patch , brave