

全民英檢秘笈

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一、實用字彙

1. 無糖 unsweetened 或 sugar-free
2. 豆漿 bean milk
3. 淡而無味 bland
4. 糖尿病 diabetes
5. 飲食控制 diet control
6. 節食 be on a diet
7. 油膩的 greasy
8. 鹹的 salty
9. 味精 MSG
10. 蔥 scallion 或 green onion
11. 薑 ginger
12. 蒜 garlic
13. 芫荽 coriander

二、請填入英文，訂正後朗讀三遍

1. 我喜歡喝不加糖的飲料
I prefer _____ drinks.
2. 不加糖的豆漿和無糖紅茶多沒味道!
_____ or black tea are _____!
3. 越來越多的年輕人得糖尿病
More and more young people got _____!
4. 飲食控制是必要的!
_____ controls are necessary!
5. 許多菜都太油太鹹
Lots of foods are too _____ and too _____.
6. 我比較喜歡清淡的菜，也不喜歡菜裡加味精
I _____ foods, and I don't eat _____ either.
7. 蔥、薑、蒜、芫荽給菜加味

_____, _____ and _____ add _____ to dishes.

三、答案

1. unsweetened

2. Unsweetened bean milk bland

3. diabetes

4. Diet

5. greasy salty

6. prefer light MSG

7. Scallion ginger garlic coriander flavors