淡江時報 第 980 期

**全民英檢秘笈**

**全民英檢秘笈**

一、實用字彙

1.無糖 unsweetened 或 sugar-free

2.豆漿 bean milk

3.淡而無味 bland

4.糖尿病 diabetes

5.飲食控制 diet control

6.節食 be on a diet

7.油膩的 greasy

8.鹹的 salty

9.味精 MSG

10.蔥 scallion 或 green onion

11.薑 ginger

12.蒜 garlic

13.芫荽coriander

二、請填入英文，訂正後朗讀三遍

1.我喜歡喝不加糖的飲料

 I prefer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ drinks.

2.不加糖的豆漿和無糖紅茶多沒味道!

 \_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_ or black tea are \_\_\_\_\_\_\_!

3.越來越多的年輕人得糖尿病

 More and more young people got \_\_\_\_\_\_\_!

4.飲食控制是必要的!

 \_\_\_\_\_\_\_ controls are necessary!

5.許多菜都太油太鹹

 Lots of foods are too \_\_\_\_\_\_ and too \_\_\_\_\_.

6.我比較喜歡清淡的菜，也不喜歡菜裡加味精

 I \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_ foods, and I don't

 eat \_\_\_\_\_\_ either.

7.蔥、薑、蒜、芫荽給菜加味

 \_\_\_\_ \_\_\_\_\_, \_\_\_\_\_\_ and\_\_\_\_\_ add \_\_\_\_\_ to

 dishes.

三、答案

1.unsweetened

2.Unsweetened ;bean milk ;bland

3.diabetes

4.Diet

5.greasy ;salty

6.prefer ;light ;MSG

7.Scallion; ginger ;garlic; coriander; flavors